

# 2026 Country Swimming Championships



## Pre-Meet Information



# Country Championships 2026

## 1. Event Details

The 2026 Country Swimming Championships will again be a celebration of swimming in Australia, held at Parap Pool Darwin, 77 Ross Smith Avenue, Parap from Sunday 27<sup>th</sup> September being our clinics day, Technical official training day occurring on Monday 28<sup>th</sup> September in the morning with our racing sessions starting this year on Monday evening. The pool events will continue until Friday 2<sup>nd</sup> October, with the Top End Open Water Team Relay to be conducted on Saturday 3<sup>rd</sup> October 2026 at the incredible Darwin Waterfront.

This event will be conducted under the Swimming Australia and Swimming Northern Territory Competition Rules while also being a Swimming Northern Territory sanctioned Championship Meet.

All participants must adhere to Swimming Australia's [Code of Conduct](#) and the [National Integrity Framework](#).

Further information around the event, accommodation partners, tourism partners and exciting places to visit in the Northern Territory, visit the event specific website – [www.countryswimmingchamps.com](http://www.countryswimmingchamps.com)

## 2. Event Contact

All enquiries relating to the 2026 Country Swimming Championships are to be directed to: [events@nt.swimming.org.au](mailto:events@nt.swimming.org.au)

## 3. Pre-Meet Activities

Date	Time
Sunday 27 <sup>th</sup> Sept 2026 1:00pm -3:00pm	Phoenix Foundation JX Clinic. (9-13yrs)
Sunday 27 <sup>th</sup> Sept 2026 3:30pm – 5:00pm	Senior Swimmer Clinic (14yrs+)
Monday 28 <sup>th</sup> Sept 2026 9:00am – 2:00pm	Technical Official Training Day

Additionally, the Parap Facility has been booked from 9am Monday 28<sup>th</sup> September to allow competitors the ability to train at the facility prior to the commencement of racing.

Clubs will be able to request for lane space allocation through the event website closer to the event.

[www.countryswimmingchamps.com](http://www.countryswimmingchamps.com)

## 4. Continuation of 25yrs & over Events

We are excited to announce the continuation of the 25yrs & over category again this year, following the success at last year's Country Swimming Championship. This age group has revised qualifying times and is eligible for separate finals and medals, as outlined in item 7, 14 and 25 below.

## 5. Program of Events

The Program of Events can be found at the back of this Pre-Meet Information Booklet, as well as on the event specific website: [www.countryswimmingchamps.com](http://www.countryswimmingchamps.com)

## 6. Regional Swimmers & Metro Swimmers

This year, Swimming Northern Territory is extending an invitation to all swimmers across the country, while maintaining a country focus throughout these Championships.

SNT will do this by classifying all swimmers from metro-based clubs as visitors, with country swimmers still having unfettered access to finals and B-finals. SNT is also altering the structure of B-finals to accommodate the additional metro based swimmers.

A-finals will have a maximum of 3 visitors, while B-finals will have a maximum of 5 visitors. Additionally, we will be expanding B-final age categories to 11-13yrs, 14-15yrs and 16yrs+, giving more opportunities for swimmers to compete in either A or B finals this year.



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## 7. Competition Dates & Timing

Date	Session Times
Monday 28 <sup>th</sup> September Session 1 (Heats)	3:30pm (Gates Open) 3:40pm (Warm-up begins) 4:35pm (Warm-up concludes) 4:40pm (Opening Ceremony) 5:00pm (Heats commence)
Tuesday 29 <sup>th</sup> September Session 2 (Heats)	7:30am (Gates Open) 7:45am (Warm-up begins) 8:45am (Warm-up concludes) 9:00am (Heats commence)
Tuesday 29 <sup>th</sup> September Session 3 (Finals)	3:30pm (Gates Open) 3:30pm (Warm-up begins) 4:45pm (Warm-up concludes) 5:00pm (Finals commence)
Wednesday 30 <sup>th</sup> September Session 4 (Heats)	7:30am (Gates Open) 7:45am (Warm-up begins) 8:45am (Warm-up concludes) 9:00am (Heats commence)
Wednesday 30 <sup>th</sup> September Session 5 (Finals)	3:30pm (Gates Open) 3:45pm (Warm-up begins) 4:45pm (Warm-up concludes) 5:00pm (Finals commence)
Thursday 1 <sup>st</sup> October Session 6 (Heats)	7:30am (Gates Open) 7:45am (Warm-up begins) 8:45am (Warm-up concludes) 9:00am (Heats commence)
Thursday 1 <sup>st</sup> October Session 7 (finals)	3:30pm (Gates Open) 3:45pm (Warm-up begins) 4:45pm (Warm-up concludes) 5:00pm (Finals commence)
Friday 2 <sup>nd</sup> October Session 8 (Heats)	7:30am (Gates Open) 7:45am (Warm-up begins) 8:45am (Warm-up concludes) 9:00am (Heats commence)
Friday 2 <sup>nd</sup> October Session 9 (Finals)	3:30pm (Gates Open) 3:45pm (Warm-up begins) 4:45pm (Warm-up concludes) 5:00pm (Finals commence)

## 8. Heats & Finals

Heats will be conducted fastest to slowest and will be swum as multi-aged preliminary heats. However, please note that all distance events (400m IM, 400m, 800m and 1500m Free) are timed finals only to be conducted in the morning sessions only.

For finals, all 50m form strokes and 100m freestyle events, will be conducted youngest to oldest in the following age categories –

11-12, 13, 14, 15, 16-24yrs and 25yrs & over.

For finals, all 100m form strokes, 200m Freestyle and IM events, will be conducted youngest to oldest in the following age categories –

11-12, 13, 14, 15, 16yrs & over

For finals all 200m form stroke events (Backstroke, Breaststroke and Butterfly) will be conducted youngest to oldest in the following age categories –

11-12, 13-14, 15yrs & over.

Relay events are timed finals and will be contested as 13yrs & under and 14yrs and over events. These timed finals will be conducted slowest to fastest.

**NOTE:** there can only be 3 visitors in an A-final.

## 9. B-Finals

B-finals will be conducted in 50m and 100m events only in combined age groups of 11-13, 14-15 and 16yrs & over. These will be swam at the completion of the finals, as outlined above. There must be a minimum of 6 swimmers eligible for a B-final to be conducted. Again, there can be a maximum of 5 visitors in a B-final.

There will be no reserves for B-finals.



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## 10. Qualifying Times

The Qualifying Times (QTs) can be found after the program of events at the back of this Pre-Meet Information Booklet. Also, the QT's can be found on the event specific website:

[www.countryswimmingchamps.com](http://www.countryswimmingchamps.com)

QTs must be achieved after 1<sup>st</sup> January 2025 at a verified and official meet. QTs are set for LC times, however, SC converted times (as per Swim Central conversions) may be used if a LC qualifying time has not been achieved.

No Qualifying Times will apply MC or relay events and they may enter as No Time (NT).

## 11. Age Requirements

Minimum age for entry into the event is 11yrs of age. All 400m individual medley, 800m and 1500m freestyle events have a minimum age of 13yrs.

Age is determined by the swimmer's age as of 28<sup>th</sup> September 2026.

## 12. Entry Procedures

Entries will open on Monday 1<sup>st</sup> June at 9am Australian Central Time.

**Entries will close strictly Wednesday 16<sup>th</sup> September 2026 at 11:59pm Australian Central Time for ALL individual events. Relay events will close at 11:59pm Monday 21<sup>st</sup> September 2026.**

## 13. Entry Fees

To assist with family budgets, the pricing structure is the same as last year.

Entry Fees	Price
Individual Events	\$23 Per Event (incl. GST & Swim Central fees)
Relay Events	\$36 Per Team (incl. GST & Swim Central fees)
Junior Age Challenge	\$12 Per Event (incl. GST & Swim Central fees)

## 14. Eligibility

This event is open to swimmers that are registered 'competitive' members of any swimming club in Australia. Any club based outside the areas below will be deemed a visitor:

### Regional Swimming Regions:

NSW – ACT, Coast & Valley, Mountains & Plains, New England & North-West, North Coast, South-Eastern, Southern Inland, Western.

NT – All NT Clubs

QLD – Central QLD, Darling Downs, Gold Coast, Far North QLD, North QLD, Wide Bay.

SA – Broken Hill District, Eastern District, Eyre District, Mid-North District, Riverland District, South-East District, Upper North District.

TAS – All TAS Clubs

VIC – Barwon South-West, Central, Gippsland, Goulburn Valley, Hume & Upper Goulburn, Midlands, Ovens & Murray, Wimmera.

WA – Gascoyne, Goldfields, Great Southern WA, Northern, South-West, Wheatbelt.

All Swimmers must be fully registered as a competitive swimmer on Swim Central. Recreational or non-competitive swimmers are ineligible to enter. Swimmers from outside NT may need to provide clearance certificates from their state organisation – please consult your state swimming association.

Members of other international federations affiliated to World Aquatics, who meet the entry qualifying times and hold a valid clearance from their federation will be permitted to swim, however, will be considered a visitor.

Swimmers that are members of a Masters Swimming Australia affiliated club are welcome to enter. Again, those from areas outside those listed above will be deemed as visitors.



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## 15. Multiclass

Multi Class events are open to all eligible age group swimmers with a disability in sport classes 1 - 19.

Swimmers with a SM3 or SM4 classification may contest the 200m Individual Medley as a 150m Individual Medley.

Swimmers may compete with provisional classifications. There will be no qualifying times for MC events.

MC Finals will be open finals. NOTE: if less than 10 entries are received, swimmers will still be required to swim heats and finals.

If MC numbers for any particular event are below 3 entries, the event Technical Manager has the opportunity to combine that event with the subsequent non-MC event in the heats.

## 16. Masters Swimmers

Swimming is a sport for life and SNT happily promote the opportunity for Masters swimmers to compete in this wonderful event. The 25yrs and over bracket (for qualifying times only) will allow Masters Swimmers the opportunity to participate in this great event, possibly even with your children.

Qualifying times exist, however, swimmers will need to qualify for the finals as outlined in the program of events outlined in item 8 (Heats & Finals), depending on the event.

Masters specific finals will occur in all 50m events and the 100m Freestyle, where the minimum entry requirements allow. However, swimmers may compete in all events provided QT's are met and may still qualify for finals in the 16yrs & over category for all 100m form stroke events and all 200m events.

## 17. Relay Entries

Club relay teams may enter with a 'No Time'.

Relay changes must be made on the official Relay Change form which will be via a QR code and submitted within 15 minutes of the completion of the session **prior** to that in which the relay is to be held. Swimmers must swim in the order shown on the form submitted. Relay changes for the first session close at the commencement of the warm-up of Session 1.

Unless changes have been submitted as above, swimmers must swim in the order as published.

Additional relay teams (mixed club teams) may be put together by either Team Managers from the interested teams, or by the event organiser for exhibition purposes. This option is only available to swimmers from clubs with 6 or less participants in the meet and ONLY, at the Meet Director's discretion. Such teams will swim for no points and may be placed in the program as exhibition teams only. Submissions for such exhibition relay teams must be made in accordance with the timeframe for relay changes set out above. These mixed teams will be provided an entry option following individual entry closures.

Event organisers will reach out to swimmers that meet the criteria upon close of entries in order to compile teams.

## 18. Accreditations

Accreditations are required for all attending coaches, team managers and technical officials. Accreditations can be collected from the accreditation box at the event entry on pre-meet or competition days. Accreditation passes must be visible at all times and are strictly non-transferable.

Applications for an accreditation (which are free) will be open from Monday 1<sup>st</sup> June 2026 from Swim Central



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Clubs are advised that they will need to apply for their accreditation passes, including Team Manager and Coaches using the positions function on the events page on Swim Central. All individuals are required to have a current and valid Working with Children Card (WCC), while all coaches **MUST** hold a current Australian Swim Coach Licence.

Applications for accreditations close at the same time as entries, Wednesday 16<sup>th</sup> September 2026 at 11:59pm ACST. **NOTE:** this year ALL swimmers will receive accreditation passes.

## 19. Warm-Up / Cool Down Procedures

Warm-up will be available in the competition pool as outlined earlier in this document – item 7 Competition Dates and Timing.

Dive starts and pacework will be allocated for Lanes 0 and 8. Lane 9 is for MC swimmers only.

Warm-up lanes will NOT be allocated to clubs.

Alternatively, the 6-lane 25m pool will be available throughout the meet for warm-up / cool down. Lane 1 will be used exclusively for dive starts.

## 20. Self-Marshalling

Self-marshalling will be in place for this event and a self-marshalling zone will be established and its location communicated in the meet program.

Athletes will be instructed by the check starter to move behind the blocks once the event (or timed final) ahead of them has entered the water.

Swimmers will only be permitted to enter the self-marshalling area as follows:

- 50m events - 6 heats prior to their heat
- 100m and 200m events - 4 heats prior to their heat
- 400m events - 2 heats prior to their heat
- 800m and 1500m events - 1 heat prior to their heat.

Self-marshalling will occur for all heats and timed finals.

All finals will be marshalled in the marshalling area.

Any swimmer entered in the first or second event of the final's session, who fails to report to the marshalling area at least 5 minutes prior to the scheduled start of the session, will be deemed to be a withdrawal and a reserve will be installed into the final.

For all subsequent finals, any swimmer who fails to report by the start of the event, at least two finals prior to their event will be deemed as a withdrawal.

Both reserves are required to attend marshalling.

## 21. Swimmer Check-in – Distance Events

All events of 400m and over (400m IM, 400m, 800m and 1500m Freestyle) require swimmers (or their Coach / Team Manager) to confirm their intention to swim via QR Code a minimum of one hour prior to the published start time of the relevant event. Failure to confirm their intention to swim will be taken as a withdrawal.

If an event is reseeded, it will be announced by the announcer as early as possible.

Confirmed swimmers should then follow the usual self-marshalling procedures.

## 22. Lap Counters

Swimmers competing in the 400m, 800m and 1500m Freestyle events **MUST** provide details of their lap counter whilst checking in. Swimmers will not be able to check-in without confirmation of an organised lap counter.

## 23. Backstroke Ledges

Backstroke ledges will be available for use at this Championship meet, however are not required to be used by any swimmer.



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## 24. Heat Withdrawals

Swimmers not intending to swim in their entered events are requested to withdraw from their heat, using the heat withdrawal QR Code a minimum of 30min prior to the start of the heat session.

## 25. Withdrawal from Finals

All swimmers who are or have potential to be a finalist (A or B) and/or reserve (there shall be only two reserves listed) wishing to withdraw from a final shall do so in writing using the final withdrawal form available at the help desk. This must be signed by the swimmer or their representative within 30 minutes of the results being posted following the heat in which the qualification took place.

A swimmer who does not withdraw, and who does not compete in the final of the event, shall be deemed a late withdrawal and fined the sum of \$100 AUD which must be paid before the swimmer is eligible to swim their next event, except where a medical certificate is provided.

Once a withdrawal form has been submitted, the swimmer cannot be reinstated.

Swimmers wishing to withdraw from a B-final must also withdraw if they do not wish to swim.

## 26. Medal Presentations

Medal presentations will take place during the running of other final events, where practical to keep the meet progressing. The first three placegetters are to head straight to the medal ceremony area immediately upon conclusion of their final. All swimmers must be appropriately dressed during medal presentations wearing a club shirt and pants.

## 27. Medals

Visitors will **ONLY** be awarded medals for overall 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placings.

**Australian Regional Swimmers** will be awarded medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Australian Regional placings.

Medals will be awarded to ages 11-12, 13, 14, 15, 16, 17-24yrs and 25yrs & over in all 50m, 100m, 200m events, and the 400m freestyle events.

Medals will be awarded to ages 13 -14, 15 -16, 17yrs & over in 400m IM, 800m and 1500m freestyle events.

For Multi-Class swimmers, medals/points will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place in the Open events, using the Swimming Australia Multi-Class Points System. The age groups for Multi-Class swimmers will be 12-13yrs, 14-15yrs and 16yrs & over.

Collection of medals is the responsibility of each swimmer. Medals not collected by the end of the meet will not be redeemed.

## 28. Technical Officials

SNT is currently working with Swimming Australia and State Member Organisations to once again make this event Australia's preeminent technical official development opportunity. Further information will become available when possible.

Expressions of interest will be open from Monday 1<sup>st</sup> June on the event specific website: [www.countryswimmingchamps.com](http://www.countryswimmingchamps.com).

There will be pre-meet training session (as outlined on the above website) on the morning of Monday 28<sup>th</sup> September for all attending officials.

## 29. Volunteers and Timekeeping

Timekeepers and volunteers will be required to be provided by clubs, where available. A schedule will be provided to the clubs by the event organiser, within a week of the closing of nominations. Two (2) lanes will be left open to volunteers on the day to fulfil those spots. Timekeepers will be provided snacks and water.



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## 30. Seating

Seating for all athletes, coaches, clubs and spectators will be around the competition pool. Space is not allocated and cannot be reserved. Swimming Northern Territory will be providing as many marquees and shade structures as possible. Grandstand seating will also be provided.

## 31. Livestreaming & Results

Results will be published around the venue and on meet mobile.

Please note:

- Results published via Meet Mobile **ARE NOT OFFICIAL** and should be used as a guide only.
- Official meet results are printed by officials during all meets and posted in a prominent position.

Official results are published within 48hrs of the completion of a meet on the event website, Swim Central and Results Central.

This year we are hopefully partnering with a live streaming provider and broadcaster to be able to showcase the event to the world and allow parents, grandparents etc., access to watch their loved ones swim, as well as experience the beauty of the NT throughout the broadcast. More information about this will be distributed closer to the event, if finalised.

## 32. Photography

Swimming Northern Territory has partnered with **Brendon Carroll Photography** to take photos throughout the competition.

Other photos will also be posted on our social media channels and the event website.

## 33. Merchandise

Swimming Northern Territory has engaged **Team Elite** as the merchandise provider for this event. This merchandise will be available for pre-order prior to the meet. Details will be distributed when available.

During the meet, **Team Elite** will be selling the merchandise via the pop-up stall near the front entrance.

## 34. Medical

If any attendant requires medical attention, please make yourself known to the facility staff as they are trained in first aid and CPR.

## 35. Force Majeure

In the case of force majeure preventing or resulting in the 2026 Country Swimming Championships being cancelled, refund of event registration fees will be at the discretion of SNT Refund Policy – [HERE](#).

## 36. Further Communication

In the week preceding the meet, further relevant information regarding facility maps, seating plans, event timelines, event program etc., will be provided when available.

## 37. Social Media

Stay up to date with the event via our socials:

Facebook: @SwimmingNT

Instagram: @NTSwimming

[www.countryswimmingchamps.com](http://www.countryswimmingchamps.com)



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## Junior Age Challenge

In conjunction with the 2026 Country Swimming Championships, Swimming Northern Territory will be conducting the 2026 Junior Age Challenge.

This Challenge event is designed for those swimmers aged 8 – 11yrs that may be travelling with the family in order to provide them an opportunity to compete. Eligibility requirements, in terms of visiting swimmers are as per those outlined in section 14 of this Pre-Meet Information Booklet. Age is determined as of 28<sup>th</sup> September 2026.

The Junior Age Challenge will be conducted over the first 4 days of the 2026 Country Swimming Championships and will be run as timed finals only in the morning heat session. There are no qualifying times for this Junior Age Challenge.

Entries will be available on Swim Central under the 2026 Junior Age Challenge event page from Monday 1<sup>st</sup> June 2026 from 9am AST. Swimmers aged 11yrs that are entered into an event in the Country Swimming Championships may enter that same event in the Junior Age Challenge, however, they will NOT be eligible for any medals in the Junior Age Challenge.

Entry Fees for the Junior Age Challenge are \$12.00 per individual entry including GST and associated Swim Central Fees.

The events contested will be all 50m, 100m events, as well as the 200m Freestyle and Individual Medley, with medals being awarded to as per item 27 above - Visitors will **ONLY** be awarded medals for overall 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placings. **Australian Regional Swimmers** will be awarded medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Australian Regional placings for each age category 8 (50m events only), 9, 10 and 11yrs.

Medals for this event will not be presented but will be available for collection from the Help Desk once results have been announced.

All other applicable meet conditions outlined previously apply for the Junior Age Challenge.



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### Program of Events

#### Session 1 (evening) – Monday 28<sup>th</sup> September - Heats

Event No. Girls	Event	Event No. Boys
1	Open 200m Individual Medley	2
3	Open 200m Individual Medley – Multi-Class	4
101	Junior Age Challenge – 8-11yrs 50m Butterfly	102
5	Open 800m Freestyle	6
7	Mixed 13yrs & under 4 x 100m Medley Relay	7
8	Mixed 14yrs & over 4 x 100m Medley Relay	8

### Program of Events

#### Session 2 (morning) – Tuesday 29<sup>th</sup> September - Heats

Event No. Girls	Event	Event No. Boys
103	Junior Age Challenge – 9-11yrs 200m Individual Medley	104
9	Open 50m Backstroke	10
11	Open 50m Backstroke – Multi-Class	12
105	Junior Age Challenge – 9-11yrs 50m Freestyle	106
13	Open 200m Butterfly	14
15	Open 100m Freestyle	16
17	Open 100m Freestyle – Multi-Class	18
107	Junior Age Challenge – 8-11yrs 100m Backstroke	108
19	13yrs & under 4 x 50m Medley Relay	20
21	14yrs & over 4 x 50m Medley Relay	22

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## Program of Events

### Session 3 (evening) – Tuesday 29<sup>th</sup> September - Finals

Event No. Girls	Event	Event No. Boys
1A	11-12yrs 200m Individual Medley Final	2A
1B	13yrs 200m Individual Medley Final	2B
1C	14yrs 200m Individual Medley Final	2C
1D	15yrs 200m Individual Medley Final	2D
1E	16yrs & over 200m Individual Medley Final	2E
3	Open 200m Individual Medley – Multi-Class Final	4
9A	11-12yrs 50m Backstroke Final	10A
9B	13yrs 50m Backstroke Final	10B
9C	14yrs 50m Backstroke Final	10C
9D	15yrs 50m Backstroke Final	10D
9E	16-24yrs 50m Backstroke Final	10E
9F	25yrs & over 50m Backstroke Final	10F
9G	11-13yrs 50m Backstroke B-Final – if required	10G
9H	14-15yrs 50m Backstroke B-Final – if required	10H
9I	16yrs & over 50m Backstroke B-Final – if required	10I
11	Open 50m Backstroke – Multi-Class	12
13A	11-12yrs 200m Butterfly Final	14A
13B	13-14yrs 200m Butterfly Final	14B
13C	15yrs & over 200m Butterfly Final	14C
15A	11-12yrs 100m Freestyle Final	16A
15B	13yrs 100m Freestyle Final	16B
15C	14yrs 100m Freestyle Final	16C
15D	15yrs 100m Freestyle Final	16D
15E	16-24yrs 100m Freestyle Final	16E
15F	25yrs & over 100m Freestyle Final	16F
15G	11-13yrs 100m Freestyle Final B-Final – if required	16G
15H	14-15yrs 100m Bre Freestyle B-Final – if required	16H
15I	16yrs & over 100m Freestyle B-Final – if required	16I
17	Open 100m Freestyle – Multi-Class	18
23	Mixed 13yrs & under 4 x 50m Medley Relay	23
24	Mixed 14yrs & over 4 x 50m Medley Relay	24

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## Program of Events

### Session 4 (morning) – Wednesday 30<sup>th</sup> September - Heats

Event No. Girls	Event	Event No. Boys
27	13yrs & over 400m Individual Medley	28
109	Junior Age Challenge – 9-11yrs 200m Freestyle	110
29	Open 50m Breaststroke	30
31	Open 50m Breaststroke – Multi-Class	32
111	Junior Age Challenge – 8-11yrs 50m Backstroke	112
33	Open 200m Freestyle	34
35	Open 200m Freestyle – Multi-Class	36
113	Junior Age Challenge – 9-11yrs 100m Breaststroke	114
37	Open 100m Butterfly	38
39	Open 100m Butterfly – Multi-Class	40



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### Session 5 (evening) – Wednesday 30<sup>th</sup> September - Finals

Event No. Girls	Event	Event No. Boys
29A	11-12yrs 50m Breaststroke Final	30A
29B	13yrs 50m Breaststroke Final	30B
29C	14yrs 50m Breaststroke Final	30C
29D	15yrs 50m Breaststroke Final	30D
29E	16-24yrs 50m Breaststroke Final	30E
29F	25yrs & over 50m Breaststroke Final	30F
29G	11-13yrs 50m Breaststroke B-Final – if required	30G
29H	14-15yrs 50m Breaststroke B-Final – if required	30H
29I	16yrs & over 50m Breaststroke B-Final – if required	30I
31	Open 50m Breaststroke – Multi-Class Final	32
33A	11-12yrs 200m Freestyle Final	34A
33B	13yrs 200m Freestyle Final	34B
33C	14yrs 200m Freestyle Final	34C
33D	15yrs 200m Freestyle Final	34D
33E	16yrs & over 200m Freestyle Final	34E
35	Open 200m Freestyle – Multi-Class Final	36
37A	11-12yrs 100m Butterfly Final	38A
37B	13yrs 100m Butterfly Final	38B
37C	14yrs 100m Butterfly Final	38C
37D	15yrs 100m Butterfly Final	38D
37E	16yrs & over 100m Butterfly Final	38E
37F	11-13yrs 100m Butterfly B-Final – if required	38F
37G	14-15yrs 100m Butterfly B-Final – if required	38G
37H	16yrs & over 100m Butterfly B-Final – if required	38H
39	Open 100m Butterfly – Multi-Class Final	40

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## Program of Events

### Session 6 (morning) – Thursday 1<sup>st</sup> October – Heats

Event No. Girls	Event	Event No. Boys
41	Open 400m Freestyle	42
43	Open 400m Freestyle – Multi-Class	44
115	Junior Age Challenge – 9-11yrs 100m Butterfly	116
45	Open 50m Butterfly	46
47	Open 50m Butterfly – Multi-Class	48
117	Junior Age Challenge – 8-11yrs 50m Breaststroke	118
49	Open 200m Backstroke	50
119	Junior Age Challenge – 9-11yrs 100m Freestyle	120
51	Open 100m Breaststroke	52
53	Open 100m Freestyle – Multi-Class	54
55	13yrs & under 4 x 50m Freestyle Relay	56
57	14yrs & over 4 x 50m Freestyle Relay	58



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## Program of Events

### Session 7 (evening) – Thursday 1<sup>st</sup> October - Finals

Event No. Girls	Event	Event No. Boys
45A	11-12yrs 50m Butterfly Final	46A
45B	13yrs 50m Butterfly Final	46B
45C	14yrs 50m Butterfly Final	46C
45D	15yrs 50m Butterfly Final	46D
45E	16-24yrs 50m Butterfly Final	46E
45F	25yrs & over 50m Butterfly Final	46F
45G	11-14yrs 50m Butterfly B-Final – if required	46G
45H	14-15yrs 50m Butterfly B-Final – if required	46H
45I	16yrs & over 50m Butterfly B-Final – if required	46I
47	Open 50m Butterfly – Multi-Class Final	8
49A	11-12yrs 200m Backstroke Final	50A
49B	13-14yrs 200m Backstroke Final	50B
49C	15yrs & over 200m Backstroke Final	50C
51A	11-12yrs 100m Breaststroke Final	52A
51B	13yrs 100m Breaststroke Final	52B
51C	14yrs 100m Breaststroke Final	52C
51D	15yrs 100m Free Breaststroke style Final	52D
51E	16-24yrs 100m Breaststroke Final	52E
51F	11-13yrs 100m Breaststroke Final – if required	52F
51G	14-15yrs 100m Breaststroke B-Final – if required	52G
51H	16yrs & over 100m Breaststroke B-Final – if required	52H
53	Open 100m – Breaststroke – Multi-Class	54
59	Mixed 13yrs & under 4 x 100m Freestyle Relay	59
60	Mixed 14yrs & over 4 x 100m Freestyle Relay	60

# Country Championships 2026

## Program of Events

### Session 8 (morning) – Friday 2<sup>nd</sup> October - Heats

Event No. Girls	Event	Event No. Boys
61	13yrs & over 1500m Freestyle	62
63	Open 100m Backstroke	64
65	Open 100m Backstroke – Multi-Class	66
67	Open 50m Freestyle	68
69	Open 50m Freestyle – Multi-Class	70
71	Open 200m Breaststroke	72



# Country Championships 2026

## Program of Events Session 9 – Friday 2<sup>nd</sup> October - Finals

Event No. Girls	Event	Event No. Boys
63A	11-12yrs 100m Backstroke Final	64A
63B	13yrs 100m Backstroke Final	64B
63C	14yrs 100m Backstroke Final	64C
63D	15yrs 100m Backstroke Final	64D
63E	16yrs & over 100m Backstroke Final	64E
63F	11-13yrs 100m Backstroke B-Final – if required	64F
63G	14-15yrs 100m Backstroke B-Final – if required	64G
63H	16yrs & over 100m Backstroke B-Final – if required	64H
65	Open 100m Backstroke – Multi-Class Final	6
67A	11-12yrs 50m Freestyle Final	68A
67B	13yrs 50m Freestyle Final	68B
67C	14yrs 50m Freestyle Final	68C
67D	15yrs 50m Freestyle Final	68D
67E	16-24yrs 50m Freestyle Final	68E
67F	25yrs & over 50m Freestyle Final	68F
67G	11-13yrs 50m Freestyle B-Final – if required	68G
67H	14-15yrs 50m Freestyle B-Final – if required	68H
67I	16yrs & over 50m Freestyle B-Final – if required	68I
69	Open 50m Freestyle – Multi-Class Final	70
71A	11-12yrs 200m Breaststroke Final	72A
71B	13-14yrs 200m Breaststroke Final	72B
71C	15yrs & over 200m Breaststroke Final	72C
73	Mixed 13yrs & under 4 x 50m Freestyle Relay	73
74	Mixed 14yrs & over 4 x 50m Freestyle Relay	74



# 2026 Country Swimming Championships

## Qualifying Times (must have been achieved after 1<sup>st</sup> January 2025)



Event	Age (Male)						
	11-12yr	13yrs	14yrs	15yrs	16yrs	17 - 24yrs	25yrs & over
50m Freestyle	37.00	35.00	33.00	31.00	30.00	29.10	40.00
100m Freestyle	1:25.00	1:15.00	1:12.50	1:10.00	1:09.00	1:04.00	1:30.00
200m Freestyle	3:00.00	2:50.00	2:40.00	2:30.00	2:22.00	2:19.00	3:10.00
400m Freestyle	5:00.00						
800m Freestyle	NA	10:10.00					
1500m Freestyle	NA	21:00.00					
50m Backstroke	46.00	42.00	39.50	37.50	36.50	34.50	49.00
100m Backstroke	1:35.00	1:30.00	1:27.00	1:22.00	1:18.00	1:16.00	1:40.00
200m Backstroke	3:20.00	3:10.00	3:03.00	2:55.00	2:48.00	2:42.00	3:25.00
50m Breaststroke	52.00	47.00	45.00	43.00	41.00	38.00	55.00
100m Breaststroke	1:55.00	1:45.00	1:39.00	1:35.00	1:32.00	1:26.00	2:00.00
200m Breaststroke	3:59.00	3:35.00	3:25.00	3:15.00	3:05.00	3:00.00	4:05.00
50m Butterfly	43.00	39.00	36.00	34.50	33.50	32.00	46.00
100m Butterfly	1:33.00	1:29.00	1:26.00	1:22.00	1:18.00	1:12.00	1:38.00
200m Butterfly	3:30.00	3:20.00	3:16.00	3:05.00	2:55.00	2:45.00	3:35.00
200m Individual Medley	3:30.00	3:10.00	3:00.00	2:50.00	2:43.00	2:38.00	3:40.00
400m Individual Medley	NA	5:40.00					

Event	Age (Female)						
	11-12yr	13yrs	14yrs	15yrs	16yrs	17-24yrs	25yrs & over
50m Freestyle	37.00	35.50	33.50	32.50	32.00	31.50	40.00
100m Freestyle	1:25.00	1:18.00	1:15.00	1:13.00	1:11.00	1:09.00	1:30.00
200m Freestyle	3:00.00	2:50.00	2:42.00	2:34.00	2:30.00	2:26.00	3:10.00
400m Freestyle	5:10.00						
800m Freestyle	NA	10:45.00					
1500m Freestyle	NA	22:30.00					
50m Backstroke	46.00	42.00	40.00	39.00	38.00	36.00	49.00
100m Backstroke	1:35.00	1:32.00	1:28.00	1:25.00	1:22.00	1:18.00	1:40.00
200m Backstroke	3:20.00	3:15.00	3:07.00	3:00.00	2:52.00	2:45.00	3:25.00
50m Breaststroke	52.00	48.00	46.00	44.00	42.00	40.00	55.00
100m Breaststroke	1:55.00	1:48.00	1:45.00	1:41.00	1:37.00	1:32.00	2:00.00
200m Breaststroke	3:59.00	3:40.00	3:30.00	3:22.50	3:15.00	3:10.00	4:05.00
50m Butterfly	43.00	40.00	38.00	36.00	34.50	33.50	46.00
100m Butterfly	1:33.00	1:30.00	1:27.00	1:24.00	1:21.00	1:17.00	1:38.00
200m Butterfly	3:30.00	3:22.00	3:16.00	3:10.00	3:03.00	2:55.00	3:35.00
200m Individual Medley	3:30.00	3:15.00	3:05.00	2:58.00	2:52.00	2:45.00	3:40.00
400m Individual Medley	NA	6:00.00					

